

SAY YES

WORKBOOK



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WELCOME



Welcome to 'Say Yes' a course that has been designed to help Christ-Followers from all backgrounds, all over the world, to be able and willing to say yes to joining Jesus in His Mission.

'Say Yes' has been produced out of the deep conviction every Christ-follower is a unique part of Jesus 'Mission Team' and, as such, needs to be equipped and supported as they 'trust and obey' Jesus and join Him in His Mission.

'Say Yes' provides an opportunity for you as a Christ-follower, wherever you are in the world to be part of a learning community that will inspire and equip you to become a disciple of Jesus who makes disciples, or to put it another way, be part of the global team of people He has called to complete the great commission.

The good news is that you don't have to travel to another part of the world to do it, you can do it right where you are!



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BEFORE YOU BEGIN

Before you begin, there are some really important things that we want you to be aware of to ensure that the time you commit to being part of this learning community is most usefully spent and that you understand how ‘Say Yes’ works.

1. REDISCOVERING ‘DISCIPLESHIP’

“Come, follow me,” Jesus said, “and I will send you out to fish for people.” **Mark 1:17**

For many, the word **discipleship** describes a bible study that takes place at the church – attending bible studies and becoming disconnected with the world are often the picture of discipleship.

But this is nothing like discipleship as Jesus intended!

By being part of ‘Say Yes’ you are going to learn many things that cannot be discovered in a classroom on a church campus. You will learn mostly by ‘doing’ and inevitably this will be challenging and require that you trust God to help you overcome fear and uncertainty.

Take a moment to reflect on the four quotations below. Please read the reflection that I have included and then reflect upon how this relates to you as a disciple (learner).

“The great aim of education is not knowledge but action” Herbert Spencer

My Reflection: “We have largely reduced ‘learning’ to the passing on of information from a preacher/teacher to an audience who receive the information and then have no way of applying what they have received – ‘Information without Transformation’.

“Education without application is just entertainment” Tim Sanders

Your Reflection:

My Reflection: “As a person who regularly speaks to groups of Christ-followers in local gatherings all over the world, the thing I find most disappointing, dare I say, annoying, is the huge number of people whose response to hearing a sermon is “I really enjoyed your sermon today”. Each time I hear this, I am disappointed because it reveals that there is little thought of application

“It is what we know already that often prevents us from learning” Claude Bernard

Your Reflection:

My Reflection: “Years of experiencing a way of learning that has never expected or equipped us to apply what we have been told has caused us to believe that we know that we could not possibly do what is being asked of us.”

“One learns from books and example only that certain things can be done. Actual learning requires that you do those things.” Frank Herbert

My Reflection: “The learning focus of ‘Say Yes’ is that the teaching delivered by video or live is just one small part of the learning experience, it is only as

you engage in the activities that you will see clearly explained in this workbook that you will truly learn how to Join Jesus in His Mission.

Your Reflection:

2. YOU NEEDN'T BE ALONE!

After this the Lord appointed seventy-two others and sent them **two by two** ahead of him to every town and place where he was about to go. *Luke 10:1*

Jesus sent his disciples out in pairs, and in small teams, never alone.

Jesus did this because he knew that if people are left alone to things, very few actually do them. By 'pairing' and 'teaming' people Jesus knew that this would be a huge help in ensuring that they stayed 'on mission'.

People today are not very different. For most Christ followers it is relatively easy to attend a worship service and a home/small group because everything is laid on and there are other people involved.

Engaging with people outside the walls of church seems much harder to do than turning up for a meeting and the reality is that 'left alone' most of us will never do it, in fact, most of us do never do it!

'Say Yes' therefore strongly recommends that if you are to join the course, you seek to connect with at least one other Christ-follower that you will 'go through the learning' with. This could happen in a few ways:

1. You may already know a Christ follower(s) with a similar desire to make

Jesus known – if so, ask them to join you and go through the course together.

2. You may not have a Christ follower in mind. If this is the case, ask Jesus to lead you to the person that he wants you to connect with.
3. If neither of these has a positive result please contact us and, if possible, we will seek to connect you with a Christ follower in a similar position.

3. DOING IS AN ESSENTIAL PART OF LEARNING AND A MAJOR PART OF THE YES JESUS LEARNING EXPERIENCE

“Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.” **Matthew 7:24**

‘Putting what has been heard into practice is critical to true learning’. Consequently, being part of ‘Yes Jesus’ means that you will ‘do’ not just ‘listen’. It is important for you to recognise that just watching or listening to the teaching sessions will not result in true learning taking place.

To ensure that true learning takes place, at the end of each session, as well as a number of questions for you to think about, you will be given something to do before the next session.

Before deciding to continue with Yes Jesus please decide if you are able and willing to give time to ‘doing’ outside of the teaching sessions. If you are then ‘Say Yes’ will be a great help to you, if not, it is probably best that you don’t proceed any further.

Remember much of this ‘doing’ is best not done alone, but with another Christ follower(s).

4. THIS WORKBOOK

This simple workbook is a key part of the learning experience. You will see that much space has been included for you to record what you are learning as you go through this process.

6. PAYMENT.

The Rooftop makes no charge for being part of 'Yes Jesus' because we are aware that for many people this would be a barrier in view of their financial circumstances. However, if you have funds available, we invite you to make what you consider an appropriate contribution by visiting www.therooftop.org/donate (need to link to QR code and Zeffy).

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01

BEING A DISCIPLE OF JESUS

SESSION 1: SAY YES



TEACHING NOTES

[illegible]

Questions

1. How firm a 'Yes' are you saying to being part of Jesus Mission?
2. What are some of the factors that have led to your being where you are?
3. If necessary, what steps do you think you need to take/help do you need, in order to say an enthusiastic YES to joining Jesus in His Mission?

Activity

1. Tell at least one person who doesn't know that you are a Christian.

SESSION 2: YOU ARE ON THE MISSION FIELD.



TEACHING NOTES

[illegible]

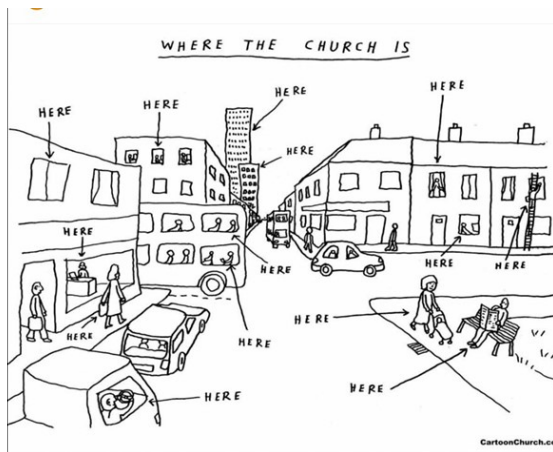
Questions:

1. Where is your 'mission field?' take some time to think about this and write down;
 - a. How you spend your time.
 - b. Where you spend your time.
 - c. Who are the people that you are connected with in the different areas of your life?

THIS IS YOUR MISSION FIELD.

2. As a missionary 'where you live' what are:
 - Some fears that you have
 - Some things you are in need of to effectively join Jesus in His mission.
 - Things you have experienced that have enabled you to see God at work through you?
 - What things, resources, skills do you have that can be used to join Jesus in His Mission?

Activity



Look at this image that is seeking to show where the church is. You will see that it says 'HERE' in many places. This is because wherever a Christian is, the church is.

Begin to be church in the places t you go?

SESSION 3: PRAYER THAT LEADS TO MISSION.



TEACHING NOTES

[illegible]

Questions:

1. In what ways does your prayer life reflect/not reflect the kind of prayer that Jesus taught His disciples in Matthew 7.
2. What are some areas that you feel need to change/improve to enable you to pray in this way?
3. What doubts/fears do you need to overcome to be able to pray that God will do what seems impossible?

Activity:

1. Write a prayer to God that expresses your willingness to align with His will and Join Jesus in His Mission. Sign it, put it in an envelope and keep it somewhere secret but accessible.
2. As you are among people, begin to ask God to help you to see what he sees when He looks at the people that you can see.

SESSION 4: SHINE LIKE STARS



TEACHING NOTES

[illegible]

Questions:

1. To what extent do you find yourself 'blending in' or 'hiding' when you are with people from outside of the church?
2. In what ways are you 'shining like a star?'
3. What do you need to enable you to shine more and hide less?

Activity

Decide to make/take an opportunity to be a light to at least one person that is part of your mission field.

02

BEING A DISCIPLE WHO MAKES DISCIPLES

SESSION 5: DISCIPLESHIP AS A PROCESS



TEACHING NOTES

[illegible]

Questions:

1. Which 'phase' of the discipleship journey are you in?
 - a. Discovering Jesus?
 - b. Decided to follow Jesus but not making disciples?
 - c. Discipling others to be and make disciples?
2. What step will you take now to become more intentionally committed to joining Jesus in His Mission?

Activity:

Connect with a person that you know who is not a Christian and begin to help them to discover the truth about Jesus.

SESSION 6: HOW DO WE LEARN AND HELP OTHERS TO LEARN?



TEACHING NOTES

[illegible]

Questions

1. In what ways are you using what you have received (information) to join Jesus in His Mission (transformation)?
2. What prevents you from/encourages you to step outside of the safety of on campus learning and engage in true learning 'on the job'?

Activity

Take/make an opportunity to step outside of your comfort zone and trust God to be with you.

SESSION 7: AN OVERVIEW OF THE BIBLE



TEACHING NOTES

[illegible]

Questions:

1. How has this session helped you to become more willing to read, understand and apply what the Bible teaches.
2. What do you need to do to become more familiar with it?

Activity:

Begin to set aside time each day to read the Bible. If you are able to access a bible reading plan this can be very helpful.

[illegible]

Questions

1. In what ways is the Holy Spirit active in your daily life?
2. Are there ways in which you may be resisting/quenching the Holy Spirit?

Activity

In Luke 11:9-13 Jesus says' "So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

"Which of you fathers, if your son asks for  a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"

Take time to read and reflect on these words and then 'ask your Father on Heaven to give you the Holy Spirit'.

03

PRATICAL EQUIPPING

SESSION 9: THE IMPORTANCE OF YOUR STORY



TEACHING NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

Questions

1. In what ways do you think your story could help somebody to discover the truth about Jesus?
2. How are you seeking to make/take opportunities to 'share your story' with people outside of the walls?

Activity

Begin to share parts of your story with people that you know.

SESSION 10: LEADING A PERSON TO BECOME A CHRIST FOLLOWER



TEACHING NOTES

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Questions

1. How do you respond to the opportunity of leading a person to become a follower of Christ?
2. What are some of the barriers that cause you to feel that this is not something that you could do?
3. What help do you need?

Activity

1. Take time to write out a form of words that you would use to help somebody to be able to make a decision to become a follower of Christ.
2. Use this with a person that is interested in becoming a follower of Christ.

MULTIPLICATION



TEACHING NOTES

[illegible]

ACTIVITY

use this space to write down what you are going to do to multiply the number of Christ-Followers who will become disciples who make disciples.

**To find out more about The Rooftop Movement please visit :
www.therooftop.org**

**To download and view Say Yes resources and other courses please
visit : www.jjdn.net**